

The Gift of Shabbat

On Shabbat we share the holiness at the heart of time.

Eternity utters a day.

We celebrate Creation;
we celebrate the sacredness of time.

We sanctify Shabbat with all our senses;
body and soul partake of Shabbat.

Struggle and dissonance are forgotten;
we are embraced by peace and by wholeness.

Eternity utters a day.
Shabbat is a temple in time.

Shabbat is holiness in time, the presence of eternity,
a moment of majesty, the radiance of joy.

We are reminded of our royalty,
Raised to nobility by our Father, our King.

Shabbat ennobles, enhances; it nourishes
The seed of eternity planted in our soul.

Shabbat is a gift of dignity and rest,
of holiness, splendor and delight.

Eternity utters a day.
We bask in the radiance of redemption.

Shabbat is a taste of the world to come,
a time of peace, tranquility, harmony and joy.

In time to come the promise of paradise will be restored,
a messianic covenant of peace to bind all creatures.

We are grateful for the gift of this Shabbat
as we anticipate the time when all will be Shabbat.